## PLANNING FOR COLLEGE

Defining the Details
January 18, 2017

## Presented by Jean Marie Buckley, M.Ed, MPA, EdD \{candidate $^{\text {P }}$

- Today's landscape within college admissions
- What has shifted, changed and what has remained the same?
- Defining a student's curriculum, academic plan and academic inquiry
- How does a student show their commitment to self and others, while capturing their interests in an application?
- Extracurricular activities, co-curricular activities, volunteerism = how to choose?
- A parent's role in their child's educational path
- How an admission staff evaluates an applicant?
- Private university admissions versus public university admissions
- Creating a class


## Goal for this evening



## An OVERVIEW of tonight's presentation

Defining the Details will be structured in the following manner:

- PART I - A historical and contextual overview of college admissions
- PART II - What has changed in admissions and what has remained the same
- PART III - How a student prepares for their educational journey
- PART IV - Athletics, Portfolio, Test Optional and Testing
- PART V - Components of the application process


## SUMMARY

QUESTION \& ANSWER PERIOD

PART I

## Gathered from the Annual

## State of College Admissions Report

## Published

by the

National Association of College Admission Counseling (NACAC)

## Applications per Admission Officer

## TABLE 1: APPLICATIONS PER ADMISSION OFFICER

| Control |  |
| :--- | :---: |
| Public | 914 |
| Private | 411 |
| Enrollment |  |
| Fewer than 3,000 students | 316 |
| 3,000 to 9,999 | 661 |
| 10,000 or more | 1,241 |
| Selectivity |  |
| Accept fewer than 50 percent of applicants | 923 |
| 50 to 70 percent | 593 |
| 71 to 85 percent | 480 |
| More than 85 percent | 327 |

## Percentage of Colleges Attributing "Considerable Importance" to Various Recruitment Strategies.

TABLE 4: PERCENTAGE OF COLLEGES ATTRIBUTING "CONSIDERABLE IMPORTANCE" TO VARIOUS RECRUITMENT STRATEGIES, BY PROSPECTIVE STUDENT POPULATION

| Factor <br>  <br> First-Time <br> Freshmen | Transfer | International <br> (First-Time Freshmen) |  |
| :--- | :---: | :---: | :---: |
| Website | $84.4 \%$ | $81.9 \%$ | $87.7 \%$ |
| Email | 82.7 | 77.3 | 79.0 |
| Hosted Campus Visit | 77.0 | 49.6 | 26.3 |
| High School Counselor | 60.8 | 13.8 | 35.3 |
| High School Visit | 58.5 | 9.5 | 13.0 |
| Direct Mail | 54.6 | 29.2 | 9.4 |
| College Fairs | 52.5 | 29.9 | 20.5 |
| Social Media | 38.2 | 26.6 | 30.7 |
| Community Based Organizations | 16.9 | 8.6 | 6.4 |
| Test-Optional Policy | 13.9 | 8.3 | 9.7 |
| Alumni | 12.5 | 9.4 | 10.7 |
| Overseas High School Visit | 10.0 | 4.0 | 23.8 |
| Conditional/Provisional Admission Program | 5.1 | 3.8 | 9.6 |
| Utilize Agents | - | - | 15.9 |
| Partnerships with Overseas Colleges | - | - | 15.3 |
| State or Regional Recruitment Consortium | - | - | 8.0 |
| Federal Government Support | - | - | 13.9 |

- Question was only asked for international students.

SOURCE: NACAC Admission Trends Survey, 2015.

## Percentage of Colleges Attributing Different Levels of Importance to Factors in Admission Decisions

TABLE 7: PERCENTAGE OF COLLEGES ATTRIBUTING DIFFERENT LEVELS OF IMPORTANCE TO FACTORS IN ADMISSION DECISIONS: FIRST-TIME FRESHMEN

| Factor | Considerable <br> Importance |  |  | Moderate <br> Importance | Limited <br> Importance |
| :--- | :---: | :---: | :---: | :---: | :---: |
| Importance |  |  |  |  |  |
| Grades in College Prep Courses | 231 | $79.2 \%$ | $13.0 \%$ | $6.9 \%$ | $0.9 \%$ |
| Grades in All Courses | 229 | 60.3 | 31.0 | 8.7 | - |
| Strength of Curriculum | 231 | 60.2 | 26.8 | 10.0 | 3.0 |
| Admission Test Scores (SAT, ACT) | 228 | 55.7 | 32.5 | 7.9 | 3.9 |
| Essay or Writing Sample | 231 | 22.1 | 39.0 | 21.6 | 17.3 |
| Counselor Recommendation | 231 | 17.3 | 42.4 | 27.3 | 13.0 |
| Student's Demonstrated Interest | 231 | 16.9 | 33.3 | 26.8 | 22.9 |
| Teacher Recommendation | 230 | 15.2 | 43.5 | 27.8 | 13.5 |
| Class Rank | 228 | 14.0 | 37.7 | 32.0 | 16.2 |
| Subject Test Scores (AP, IB) | 227 | 7.0 | 35.2 | 32.6 | 25.1 |
| Portfolio | 229 | 6.6 | 10.0 | 30.6 | 52.8 |
| Extracurricular Activities | 231 | 5.6 | 43.3 | 34.6 | 16.5 |
| SAT II Scores | 226 | 5.3 | 8.4 | 23.0 | 63.3 |
| Interview | 229 | 3.5 | 23.1 | 28.4 | 45.0 |
| State Graduation Exam Scores | 228 | 3.5 | 11.0 | 25.4 | 60.1 |
| Work | 230 | 0.9 | 21.3 | 44.8 | 33.0 |

## $-=$ No institutions in category.

## Percentage of Colleges Attributing "Considerable Importance" to Factors in Admissions Decisions (Fall 2006-Fall 2014)

TABLE 10: PERCENTAGE OF COLLELqengiłudinmabStudyG "CONSIDERABLE IMPORTANCE" TO FACTORS IN ADMISSION DECISIONS: FIRST-TIME FRESHMEN, FALL 2006 TO FALL 2014

|  | 2006 | 2007 | 2008 | 2009 | 2010 | 2011 | 2012 | 2013 | 2014 |
| :--- | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: |
| Grades in College Prep Courses | $76 \%$ | $80 \%$ | $75 \%$ | $87 \%$ | $83 \%$ | $84 \%$ | $82 \%$ | $82 \%$ | $79 \%$ |
| Strength of Curriculum | 62 | 64 | 62 | 71 | 66 | 68 | 65 | 64 | 60 |
| Admission Test Scores | 60 | 59 | 54 | 58 | 59 | 59 | 56 | 58 | 56 |
| Grades in All Courses | 51 | 52 | 52 | 46 | 46 | 52 | 50 | 52 | 60 |
| Essay or Writing Sample | 28 | 26 | 27 | 26 | 27 | 25 | 20 | 22 | 22 |
| Class Rank | 23 | 23 | 19 | 16 | 22 | 19 | 13 | 15 | 14 |
| Counselor Recommendation | 21 | 21 | 20 | 17 | 19 | 19 | 16 | 16 | 17 |
| Demonstrated Interest | 21 | 22 | 21 | 21 | 23 | 21 | 18 | 20 | 17 |
| Teacher Recommendation | 20 | 21 | 21 | 17 | 19 | 17 | 15 | 14 | 15 |
| Interview | 10 | 11 | 11 | 7 | 9 | 6 | 7 | 8 | 4 |
| Extracurricular Activities | 8 | 7 | 7 | 9 | 7 | 5 | 7 | 10 | 6 |
| Work | 3 | 2 | 2 | 2 | 2 | 2 | 1 | 3 | 1 |
| Subject Test Scores (AP, IB) | 8 | 7 | 8 | 7 | 10 | 7 | 5 | 8 | 7 |
| State Graduation Exam Scores | 6 | 4 | 4 | 3 | 4 | 4 | 2 | 3 | 4 |
| SAT II Scores | 5 | 6 | 7 | 5 | 5 | 5 | 4 | 6 | 5 |
| Portfolio | - | - | 7 | 8 | 6 | 7 | 5 | 6 | 7 |

# Percentage of Colleges Attributing Different Levels of Influence to Student Characteristics in Admission Decisions 

TABLE 11: PERCENTAGE OF COLLEGES ATTRIBUTING DIFFERENT LEVELS OF INFLUENCE TO STUDENT CHARACTERISTICS IN ADMISSION DECISIONS

|  | N | Considerable <br> Influence | Moderate <br> Influence | Limited <br> Influence | No <br> Influence |
| :--- | :---: | :---: | :---: | :---: | :---: |
| FIRST-TIME FRESHMEN | 297 | $2.0 \%$ | $20.2 \%$ | $34.3 \%$ | $43.4 \%$ |
| High School Attended | 298 | 3.4 | 11.1 | 18.5 | 67.1 |
| Race/Ethnicity | 297 | 2.0 | 7.4 | 22.9 | 67.7 |
| State or County of Residence | 296 | 2.4 | 13.9 | 31.8 | 52.0 |
| First-generation Status | 296 | 0.7 | 4.7 | 12.5 | 52.1 |
| Ability to Pay | 296 | 2.0 | 2.4 | 12.8 | 82.8 |
| Gender | 296 | 1.0 | 8.1 | 41.6 | 49.3 |
| Alumni Relations |  |  |  |  |  |



## School Counselors are our school based colleagues

Buckley Education created the model of school counselors in private practice

## AVERAGE STUDENT TO COUNSELOR RATIO

|  | STUDENTS PER <br> COUNSELOR | STUDENTS PER <br> COLLEGE COUNSELOR |
| :--- | :---: | :---: |
| Public | 303 | 358 |
| Private | 222 | 323 |

## Map of Counselor to Student Highest and Lowest Ratios

STATES WITH HIGHEST AND LOWEST RATIOS


What has shifted, changed, morphed in college admissions?

## A historical perspective of how we

## have evolved to where we are today

 with college admission practices.
## Historical Overview of College Admissions

- 1636 - Harvard founded to train 'clergymen'.
- 1693 - After almost 60 years, the $2^{\text {nd }}$ college was founded - College of William and Mary. Focus was to have a college for those desiring study under the Church of England.
- 1700 - Cost of college became prohibitive. Those that did attend and graduate were listed by the family's social rank rather than alphabetically.
- 1776 - During the Revolutionary War there were nine (9) colleges in the States.
- Early 1800's - Colleges doubled and yet enrollment decreased. Attending was associated with social status not profession.
- 1825- UVA founded by Thomas Jefferson, the President that has had a long lasting effect on education. Free education and separation of church and state.
- 1850's - Focus on business colleges, focused curriculum and purposeful education


## Continued Historical Overview of College Admissions

- 1870’s - Land Grant Colleges as instituted by President Lincoln. Up to 70 colleges.
- 1880-1910- The Decades on Industry influenced education. An era which focused on education within the model of business.
- 1900 - College Entrance Exam Board was formed (now known as College Board). Purpose was to standardize admission criteria.
- Early 1900's- The current American university system is defined.
- Philanthropy on a large scale
- Strong University President
- Full Time Professors - Experts
- Unified Teaching Methods
- Curriculum
- Modern Facilities
- 1910- First time colleges receive more applications that their systems can manage.
- 1917- President Woodrow Wilson begins Army Training Corp to alleviate concerns of WWI affecting college enrollment. Predecessor of ROTC.


## Continued Historical Overview of College Admissions

- 1920-1944's - College enrollment increases from 250,000 to 1.3 million.
- 1944- The G.I. Bill is instituted.
- 1957- With the launch of Russia's Sputnik, the U.S. Federal Government invests money into educational institutions for research.
- 1960's- Public universities voice their affordability while private universities distinguish their education with smaller class sizes, study abroad options and niche programs.
- 1965- Community colleges begin to market their options based on cost.
- 1975- College enrollment drops because of protests and anti-establishment movement.
- Early 1980's - The Mount Holyoke phenomenon was discovered: Charging higher tuition leads to greater numbers of applicants, as well as academically higher quality applicants. Price equals prestige. This phenomenon has not abated.


## Continued Historical Overview of College Admissions

- 2008- The recession hits and the discussion of student debt is center stage.
- 2010- The criticism and debate that education and employment are not connected rises. Additionally, student loan debut outweighs credit card debt for the first time in American history.
- Today - Students are working to access higher education for multiple reasons, including:
- Professional Stability
- Career Advancement
- Guarantee of Social Status
- Independence


## What does all of this history mean?



## Understanding the high school of attendance

The creation of the annual school profile which accompanies the high school transcript.

# your 00 <br> school profile <br> helping collezes understand you <br> yourschoolprofile.com 

## Burlingame High School

San Mateo Union High School Distric School Profile 2016-17

Administration
Paul Belzer, Principal Valerie Arbizu, Assistant Principal Terence Lien, Assistant Prinitipal
Protocol: firstinitiallastrame@@smusd.or

Counselors
Karen Latham [A-De] klatham@smuhsd.org Tammy Esrailian [Df-K] tessailian@smuhsd.org Luis Mashek [L-Re] Imashek@smuhsd.org Carla Renzi [Rf-Z] crenzi@smuhsd.org The School

Address \& Contact Information
Mangini Way, Burlingame, CA 94010 Phone: 650.558 .2899
Web Address: bhs.schoolloop.com

Our Mission: Burlingame High School is dedicated to the preparation of academically and socially responsible students.
Burlingame High School (BHS) is a comprehensive four-year public high school located I5 miles south of San Francisco. The suburban setting of Burlingame is home to 30,000 residents. BHS enioys close ties with and receives tremendous support from the city and community of Burlingame. BHS is one of seven high schools in the San Mateo Union High School District. Since SMUHSD is a district with open enroilment, BHS studdents come from th
entire SMUHSD boundary area. Approximately 1460 students attend BHS, and there are 78 credentialed personnel. BHS is a California Distinguished entire SMUHSD boundary area. Approximately 1460 students attend BHS, and ther
School and accredited by the Western Association of School and Colleges (WASC).
BHS students are dedicated to improving their school and larger community through participation in numerous programs such as diversity and school
 ing, peer tutoring and concurrent enrollment at the community college, to name a few.



## School Profile

Acredited by the Western Association of Schools \& Colleges. Capuchino received a maximum six year accreditation in 2012.

Established 1950

## Capuchino High School

International Baccalaureate School

## 1501 Magnolia Avenue

San Bruno, Califorria 94066
650-558-27999/650-558-2752 FAX
Web site: http://chs.schoolloop.con Web site: http:I/Ichs.s

Capuchino High School is located in the city of San Bruno on the San Francisco Peninsula. Capuchino serves an economically and chnically diverse community. Capuchino is one of the six comprehensive high schools of the San Mateo Union High School District. The ethnic/racial makeup of the our school population is $1 \%$ Arrican American, 13\% Asian, $22 \%$ Caucasian, $49 \%$ Latino, $5 \%$ Pacific slander, and $10 \%$ Filipino. Total student enrollment is 1178
The Class of 2017 is approximately 273 students.

- $25 \%$ are on the free and reduced lunch program.
- $12 \%$ receive Special Educations services.
- $50 \%$ speak a language other than English at home.
13\% are English Language Learners


## ACADEMICS

Capuchino students benefit from a rich curriculum highlighted by the International Baccalaureate Program, as well as programs in; technological arts, career and vocational, and fine and performing arts. Students may enroll in up to seven classes per semester. Students in grades 9 -II must take a minimum of six classes. Seniors must take a minimum of five classes. Students earn five credits for passing each semester course.
The International Baccalaureate (B) program is a comprehensive and rigorous course of study with international accreditation and assessment. Juniors and Seniors pursing an IB diploma take courses leading to IB examinations in English, World Languages, History-Social Science, Mathematics, Science, and an elective course (Fine Arts. Film, or Dance). The IB program was established in 2004.

Graduation Credit Requirements
Advanced Standing Courses \& IB Courses

- English -40 credits
- Mathematics - 30 credits
- Social Science - 35 credits
- Life Science - 10 Credits
- Physical Science - 10 Credits
- Physical Education - 20 credits
- Health -5 credits
- Fine Arts - 10 credits
- World Languages - 10 credits
- Career/Technical - 10 credits
- Elective Courses - 40 credits
- Minimum Requirements -220 credits

Class Rank a Grade Point Average
Individual rank in class is not reported Transcripts report both weighted and calculated using a 4 -point scale.

Class of 2016 cumulative Wgt GPA Data
4.0-4.40(12\%) 2.5-2.99 (22\%)
3.5-3.99 (20\%) $\quad 2.0-2.49(15 \%)$
3.0-3.49 (25\%) $\quad 0.0-1.99$ (6\%)

# School Profile 2016-17 

| $\frac{\text { Address \& Contact Information }}{400 \text { Murchison Drive }}$ Milbrae, CA 94030 |  |
| :---: | :---: |
| Phone: 650-558-2599 Fax: 650-558-2552 |  |
| Website: www.milshigh.org |  |
| Pamela Duszynski, Principal pduszynsk@smuhsd.org |  |
| José A Gomez, Assistant Principal jagomez@smuhsd.org |  |
| Joana Feit, Assistant Principal ffeitel smuhsd.org |  |
| Counselors Rachel Mack [A-Ha] rmack@smuhsd.org |  |
| JenniferHauth [He-Lok] jhauth@smuhsd.org |  |
| Kalani Vasquez [Lo-Q] kvasquez@smuhsd.org |  |
| Alex Stillman [R-Z] astiliman@ smuhsd.org |  |
| Graduation Requirements | Class of |
| English | 40 |
| Mathematics | 30 |
| Social Science | 35 |
| Science | 20 |
| Foreign Language | 10 |
| Fine Arts | 10 |
| Physical Education | 20 |
| Health | 5 |
| Career Tech | 10 |
| Elective | 40 |
| Total | 220 |

The misson of Mills High School is to challenge and motvate each student to achieve full potential as a responsible member of our diverse communty. We bel eve in creating a safe learming environment hat promotes intel ectual growth, heathy ceretivity and respect for sef and others
In 1988, 1996, and 2009, Mils High School was recognized as a Calfornia Distinguished School for its nnovat ve programs and academic excellence. In 2012 , Mills High School was granted a
acceditation through the Western Association of Secondary Schools and Col eges (WASC).

## Student Support

Students at Mils High School are served by an award winning, comprehensive student support Counseling ceated by the American School Counseling Association. The Counseling Department has four school counseloss, three welliness counselors, and a coliege and Career advisor.

School and Community Mills Heh School in in the cty of Mllbrae, 16 miles south of San Francisco. Mils is one of seven
schoois in the San Mateo Union High School Distric. With our district's open enrollment policy, Mils Hg h School draws its student popuation from the entire district. Current student enroliment is approximately 1,200 . The student body ethnic distribution is as follows:
$\begin{array}{lrll}\text { Affican:American } & 1 \% & \text { Asian } & 49 \% \\ \text { Pacficlisinder } & 3 \% & \begin{array}{l}\text { Fllpho } \\ \text { Lotiono }\end{array} & 11 \% \\ \text { Lotion } & 20 \% & \text { White } & 16 \%\end{array}$
Activities
Mills High School supports the development of well-rounded students. To achieve this goal, Mils Hig chool has over 70 cubs and athlectic teams in which students can participate. The cubs indud music, religon, and sclence. The athletic teams include: badminton, basketball, baseball, cos country, football, golf, soccer, sottoall, swimming, tennis, track and feid, volieyoall, water polo, and westling.

## Academic Program Information

The academ' c alendar is two semesters of 18 weeks. Cosses meet two days per week on a modifed iock schedue. Three days a week, classes are 51 minutes in duration; on a block day the classes a 55 minutes in duration. We offer a 7 -period day schedule. Six classes are required for all $9^{\circ}, 10^{\circ \circ}$, and ${ }^{1} 1^{\prime \prime}$ Grade students; seniors must take at least five classes.
Grading
Gedits per semester. A total of 220 credits are equired for graduation.
0 grading sale adding an addtional using tor AP courses when the student has eamed Inal grade of " $C$ " or higher. Grades and cred re calcuated in January and June. Al course aved.

## SAN MATEO HIGH SCHOOL SCHOOL PROFILE 2015-2016

506 North Delaware Stree Phone: 650-558-2399 Fax: 650-558-2352 http://smhs.smuhsd.org CEEB Code: 053175


Jesse Boise
Assistant Principap

Adam Gelb Adam Gelb
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April Torres
April Torres
atorres@smuhsd.org
Georgiana Watson

San Mateo is a city of approximately 100,000 located 20 miles south of San Francisco. It is an extremely
diverse commuity diverse community, crossing all socioeconomic and ethnic lines. San Mateo High School is one of seven
schools in the San Mateo Union High School District. Current enrollment in grades $9-12$ is approximately schoors ith the san Mateo Union High Schol District. Current enrollment in grades 9-12 is approximately
1615 , with the class of 2016 at approximately 368 . SMHS is one of six comprehensive high schools in San Mateo Union High School District (SMUHSD), and the most ethnically and socio-economically diverse of the SMUHSD schools. SMHS's ethnic distribution in 2015-2016 is as follows:

| Hispanic/Latino | 676 | $42 \%$ | Pacific Illander | 45 | $3 \%$ | Decline to state | 6 | $0.5 \%$ |
| :--- | :--- | :--- | :--- | :--- | :--- | :--- | :--- | :--- |
| Caucasian | 363 | $2 \%$ | AAficin-American | 35 | $2 \%$ | Amer. Ind/Alaskan | 5 | $0.5 \%$ |
| Asian-American | 399 | $25 \%$ | Filipino | 86 | $5 \%$ |  |  |  |

San Mateo High School is dedicated to combining academic excellence, community service and hands-on learning to provide a comprehensive and well-rounded college and career preparatory program for all its students. School and community pride are an integral part of the school environment, where families and alumni spend countless volunteer hours on campus.

Curriculum
SMHS students particicipate in a rigorous, standards-based curriculum as part of an academically challenging, college preparatory program. SMHS recommends students enroll in a 6 -period day; however, The class of 2016 graduation requirements are:

| English | 40 credits | Physical Education | credits | Health | 5 credits |
| :---: | :---: | :---: | :---: | :---: | :---: |
| Social Science | 35 credits | Career Tech. Ed. | 10 credits | Elec | 40 credits |
| Mathematics | 30 credits | World Language | 10 credits |  |  |
| Science | 20 credits | VAPA | 10 credits | Total | 220 credits |

The academic calendar is two semesters, 18 weeks each
SMUHSD does not rank its students.
The Academic GPA covers Grades 9-12 and is cumulative of all courses taken. This GPA is weighted according to the California Public University system (an additional poont is added for University-certitified
AP and Honors courses; e.g. A $=5.0$, B=4.0, C=3.0). Mid-year reports include the 7 th semester. The Total AP and Honors courses; e.g. $\mathrm{A}=5.0, \mathrm{~B}=4.0, \mathrm{C}=3.0$ ). Mid-year reports
GPA is unweighted for Grades $9-12$ and covers the same coursework.
Advanced Placement, Honors \& Advanced Standing Courses
AP Biology

AP Calculus AB 1-2
AP Chemistry $1-2$
Chinese, French, Spanish $7-8 \mathrm{H}$
AP Computer Science 1-2
English 1-4 AS
AP English Language \& Composition 1-2 AP English Literature \& Composition 1-2 AP Environmental Science 1-2

## Special Programs

Leadership: An award-winning student-run program
Renaissance Leadership: Teaching students the philosophies and strategies of the Renaissance system Renaiessance Leadership: Teacching students the philosophies and strategies of the Renaissance syst
Biotechnology: Nationally recognized two-year pathway program, including an industry internship Performing Arts: Full offerings include a vocal program, dance program, musical theater, marching band, symphonic band, jazz band, and orchestra
AVID: Advancement Via Individual Det
ELD: English Language Development program
GATE: Giffed and Talented Education

## ARAGON HIGH SCHOOL PROFILE

San Mateo Union High School District
Alameda de las Pulgas • San Mateo, CA 944
Telephone (650) 558-2999 • Fax (650) 558-2952 • http://www.aragon.schoolloop.con
Kevin Skelly, Superintendent • Patricia Kurtz, Principal
WSC Accredited (clear through June 2018) •CEEB Code 053163
California Gold Ribbon High Schoo
\#124 in Newsweek Magazine's annual list of America's top performing public high schools in 2016 Community
San Mateo is a city of 100,000 , located on the peninsula midway between San Francisco and the Silico usiness and light industry regions. The students represent a cross section of the area's residential, population. In its seven high schools, the San Mateo Union High School District serves approximately tudents.
chool
Aragon's motto "Excellence and Equity," reflects our vision that all students merit an academic nvironment that endows them with respect, a rigorous curriculum and the highest expectations for chievement. Aragon, a comprehensive public high school, serves approximately 1,500 students with in the school's challenging academics, resulting in a wait list each year.
Our fifty plus clubs include academic, service and cultural organizations, such as: Mock Trial, Harvard Model Congress, Model United Nations, Jabberwocky, American and Red Cross, Key, Humanitarian, Gender and Sexuality Awareness, Black Student Union, Latinos Unidos, Polynesian. Aragon's Robotics lub has won such awards as Safety, Engineering \& Innovation, and Central Valley Regional, which qualified the team to participate in the National FIRST Robotics competition in St. Louis Missouri. Forty percent of our students participate in athletics. Aragon's stradition of excellence in the performing art mcludes an award winning music department with a high national ranking.
Led by highly qualified and well-connected science teachers, the Aragon science department is able to provide a wide array of course offerings including anatomy /physiology and biotechnology




## Student Achievement

$97 \%$ of the class of 2016 announced plans to attend college: $60 \%$ will attend four-year universities and $37 \%$ will tend two-year community colleges. $43 \%$ of the seniors attended private or out of state universities and $57 \%$ ttended California public universities.

## Hillsdale High School 2015-2016

A Stanford University Professional Development School, California Distinguished School
3115 Del Monte Street, San Mateo, CA 94403-3189
Phone: (650) 558-2699 FAX: (650) 574-4173
CEEB Code 053165
Jeff Gilbert, Lead Principal, Principal of Marrakech
Adrian Kirk, Principal of Kyoto
Ashley Milton, Principal of Florence
http://www.hhsknights.com

Community
Most of Hillsdale's 1360 students live in San Mateo and Foster City. They represent a wide range of social, educational, ethnic and economic backgrounds. San Mateo and Foster City are in the center of the Peninsula, and share in the economic and social vitality of the Silicon Valley to the south and San Francisco to

School
Hillsdale is one of six, four-year comprehensive schools in the San Mateo Union High School District. Hillsdale's student body represents the ethnic diversity of the District with the following
distribution:


Hillsdale's excellence is evident in recognitions received:
> Since 2008, recognized as one of America's top 500 High Schools by Newsweek
Recognized as a California Distinguished
School in 2007
Acknowledged by Stanford University's school reform

- Designated a Professional Development Designated a Professional Development
School for Stanford University's School of
Education
- Recent facilities improvements include an all-weather turf field and track, a weight
room, gym renovations, improved ADA access, renovated lockers, installation of cafeteria, theater, auditorium, locker rooms,
come special education classrooms, ceramics, arts and industrial technology center, as well as heating and air conditioning systems. Graduation Requirements
Hillsdale students are required to complete 220 credits, pass the California High School Exit Exam, and pass the Senior Portolio Defense in order to receive a Hillsdale diploma. Beginning with Class of 2016, 10 of the 50 elective credits must be designated as CTE.

| Subject | Credits Required |  |
| :---: | :---: | :---: |
| English | 40 |  |
| Mathematics | 30 | Including Algebra 1-2 or above (courses below Alg 1-2 do not receive high school math credit) |
| Science | 20 | 10 credits of Biological Science, 10 Credits of Physical Science |
|  |  | One course must meet "d" requirement for UC and CSU |
| Social Science | 35 | Modern World History 1-2, Contemporary World Studies, U.S. History 1-2, American Government, Economics |
| Health | 5 |  |
| Physical Education | 20 | 10 credits completed in grade 9 and at least 10 credits in grades 10-11 |
| World Languages | 10 | 10 credits must be completed by the end of grade 10 |
| Fine and <br> Performing <br> Arts | 10 | Must complete a full year in the same subject area |
| Electives | 50 | No more than 40 credits of Aiding/School/Community A minimum of 10 elective units must be Career and Technical Education. |
| TOTAL | 220 | Required Minimum |

PART II

## Admissions has Changed \& Remained the Same

- Applications are digitized
- Recommendations are virtual
- Essays are Personal Statements
- Supplements are Personalized
- Economic Influence
- Social Demography
- Review is Contextual
- Academic Performance is Diversely Reviewed
- Testing is Optional
- Questions are plentiful



## Creating a Class - An Admissions Overview

- Social appropriateness
- Activities
- Involvements
- Co-curricular focus
- Emotional appropriateness
- Letters of recommendation
- Writing
- Authentic connections with admission staff
- Academic appropriateness
- Coursework
- Engagement
- Academic performance in context


## Understanding a College

## Rankings

## What To Do?



MAMES
CNIVERITY。

## Research



## Investigate



## Overview of Public and Private Options

## Public University and College Options

- Research
- Curricular
- Transitional


## Private University and College Options

- Student Centered
- Experiential
- Community
- Residential
- Reputation
- Academic Focus


## Examples....

## Public

- University of California (10)
- California State University (23)
- California Community College System (109)
- University of Washington
- University of Oregon
- University of Colorado at Boulder
- University of Virginia


## Private

- Claremont McKenna College (CA)
- Whitman College (WA)
- Macalester (MN)
- Dartmouth (NH)
- Vanderbilt (TN)
- University of Southern California (CA)
- University of Chicago


## How to be noticed?

## Public University Systems

Coursework (9-12)
Grades
Testing
Activities
Writing

## Private Universities

Coursework (9-12)
Grades
Testing
Activities
Writing
Letters of Recommendation
Visits, Interviews, Contact

## An Overview

## Who reviews applications?

What counts in the admission review?

## Private School Admissions

## An Overview

Who reviews applications?
The Admission Committee
The Regional Representative

PART III

## Authentically Preparing

## Directly from the Admission Team

## Coursework and Context

- Engage in appropriate and challenging curriculum
- Contextual Curriculum
- School Profile
- Ninth through Twelfth Grades
- Display a sense of curiosity
- Grade Point Average
- What do the grades really mean?


## Application Review

- Scholarship Requirement = Grades
- Course Requirement = Access to Curriculum
- Test Requirement = ACT or SAT
- Optional:
- Letters of Recommendation
- Subject Testing
- Portfolio
- Additional Writing


## Involvement

## $\sim$ We are not defined by what we do, but <br> by why we do what we do~

Choose what intrigues, interests, fascinates
Explore and uncover
Delve into the unknown
Begin or evolve what has yet to be evolved
Question
Push the boundaries

PART IV

## Athletics, Portfolio, Testing and More

## Coursework and Grades are expected ~ What else is needed?

- Athletic Recruiting for some

The NCAA - Division I process
Division II, III and NAIA

- Portfolio Development for others

Art Schools or Supplemental Criteria
Music and Auditions

- PSAT - College Board
- ACT -
- SAT - Redesigned - College Board
- Subject Testing - College Board
- Advanced Placement Testing - College Board
- Test Optional - Fairtest.org
- Comparative Tables


## PSAT 10 \& PSAT NMSQT

# Total time for test: 2 hours and 45 minutes 

## Evidence Based Reading and Writing

Math Test<br>$320-1520$ (160-760)

Junior PSAT/NMSQT<br>1,500,000 Juniors<br>Commended Students<br>34,000 of top 50,000<br>Semifinalists<br>16,000<br>Finalists<br>15,000<br>Scholar<br>8300

# Total SAT Score 400-1600 scale 

# Evidence-Based Reading and Writing 

Math
Optional Essay

## ACT

# Total ACT Score <br> 36 (average of 4 test scores) 

English<br>Math<br>Reading<br>Science<br>Essay Optional

## Subject Tests

## One hour for each test.

Can take up to three tests on one official test date

|  | Subjects |  |
| :--- | :--- | :--- |
| Literature | Math Level 1 | Math Level II |
| World History | U.S. History | Foreign Languages |
| Biology (E or M) | Chemistry | Physics |

## Advanced Placement Tests

## Taken at school after curriculum in May

May* receive college credit for earning a 3, 4 or 5

Able to take as many Advanced Placement Exams as desired.

## International Baccalaureate Exam

Taken at school after curriculum
May* receive college credit

Schools that offer IB Curriculum
Capuchino High School
Sequoia High School
Borel Middle School

PART V

## Letters of Recommendation

## Minimum

- Counselor Recommendation*
- Secondary School Report
- Teacher Recommendation (one or two)

Optional

- Alternative for Counselor Recommendation
- Additional Teacher (if varied)
- Community member, Coach, Mentor
- Peer


## Writing

- Essay versus Personal Statement
- Supplemental Writing
- Answering the 'why' question
- Word limits
- Editing (appropriate)
- Providing enough time to write and edit
- Connected with developing the college list, application and applicant
- Ever evolving process of creating the application document that will be sent to the admission offices


## Examples of Prompts

- Common Application has long prompts for 650 words

Reflect on a time when you challenged a belief or an idea

- University of California do not have essays or personal statements ~ they have 350 required questions, of which four (4) must be answered

Describe an example of your leadership experience in which you have positively influenced others, helped resolve disputes or contributed to group efforts over time

- Why Questions ask a student why the school is a good fit for the student's academic goals
- Academic focus questions
- Personal Insight questions -
"What matters to you and why?"


## Who should provide support?

- Obtain from a qualified and educated educational professional
- Masters in Educational Counseling
- Pupil Personnel Services Credential
- Professional Insurance
- Better Business Bureau
- Certified Educational Planner
- School Counselors
- Industry is not regulated, so please do your homework with who you work with


## Important Resources

- School Profile for all the schools in the San Mateo Union High School District
- Website - Fairtest.org for test optional colleges
- Curriculum Sheet to develop a four (4) year plan
- NCES - https://nces.ed.gov/ (National Center
- UC Doorways - https://hs-articulation.ucop.edu/agcourselist\#/list/search/institution
- A-G course list as approved by the Board of Regents at the University of California
- ACT - http://www.act.org/content/act/en/products-and-services/the-act.html
- CollegeBoard - https://www.collegeboard.org/

Questions and Answers
 Questions Answers

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